

SARA FOSTER writes contemporary psychological suspense with strong female leads. Her debut novel, *Come Back to Me*, will be rereleased by Blackstone (US) in April 2026. First published in 2010, it was a bestseller in Australia and made the Amazon Top 500 in 2016. Inspired by a small article in a Western Australian newspaper, it's the story of a decade-old tragedy that abruptly resurfaces, testing loyalties and forcing two couples into impossible choices.

Born and raised in the UK, Sara worked for a time in the HarperCollins fiction department in London, before freelancing as an editor. During her editing career she built up relationships with publishers in the UK and Australia, working with bestselling authors, celebrities and emerging novelists, across a broad range of genres, both fiction and non-fiction.

In 2011, Sara's second novel *Beneath the Shadows* reached No. 4 on the Australian *Sunday Telegraph* bestsellers list, and was published in the USA and Germany. *Shallow Breath* was a 'Book of the Week' pick for the *Sydney Morning Herald*, while *All That is Lost Between Us* was described in the *Australian Women's Weekly* as 'classic suspense, but with a wonderful modern edge'. *The Hidden Hours* was shortlisted for a Davitt Award in 2018 and has been optioned by TV production company CJZ, while *You Don't Know Me* was adapted into a chart-topping six-part podcast drama series by LiSTNR in Australia. The series was shortlisted in Australia's 2023 Commercial Radio Awards (Podcast of the Year) and the 2024 New York Festival Radio Awards (Drama Podcast).

Sara's eighth novel, *The Hush*, was written for her PhD and marked a change of direction in her work. The story is a near-future female-led thriller about a conspiracy that goes right to the heart of the British government. In *When She Was Gone* (2025), Sara's latest psychological suspense, an au pair goes missing from a beach in the southwest of Australia, along with the two young children under her care. It's a race-against-time thriller and a study of misogyny, violence, power and control. Both have been optioned for television, and *The Hidden Hours*, *You Don't Know Me* and *The Hush* were all voted onto Better Reading's Top 100 books of the year by Australian readers.

Sara lives in Perth, Western Australia, with her husband and two daughters, along with their two cats, a cavoodle and a bearded dragon. She completed her PhD at Curtin University in 2023, receiving a Chancellor's Commendation for her research on the representation of mother figures in dystopian fiction with young adult heroines. Sara writes for her readers in her monthly newsletter [Story Matters](#), and supports writers on her Substack, [Resilient Author](#), exploring themes around storytelling, publishing, culture and creativity. You can also follow Sara on [Facebook](#), [Instagram](#) and [LinkedIn](#).



Visit www.sarafoster.com.au to find out more about Sara and her writing.